



B.K. BIRLA CENTRE FOR EDUCATION

SARALA BIRLA GROUP OF SCHOOLS
A CBSE DAY-CUM-BOYS' RESIDENTIAL SCHOOL

MID-APRIL TEST 2026-27
PHYSICAL EDUCATION – SET # 2

Class: XII
Date: 20.04.2026
Admission no:

Time: 1hr
Max Marks: 25
Roll no:

General Instructions:

1. The question paper consists of 3 sections and 14 Questions.
2. Section A consists of question 1-6 carrying 1 mark each and is multiple choice questions. All questions are compulsory.
3. Sections B consist of questions 7-11 carrying 2 marks each and are very short answer types and should not exceed 60-90 words. All questions are compulsory.
4. Sections C consist of Question 12-14 carrying 3 marks each and are short answer types and should not exceed 100-150 words. All questions are compulsory.

Section-A

1. The work of committees is divided into _____ (1)
 - a. Pre, during and post
 - b. Pre and post
 - c. Pre and during
 - d. During and Post
2. Match the following (1)

a. Technical committee	(i) To provide shifting facility
b. Finance committee	(ii) To resolve dispute
c. Transport committee	(iii) To deals with money and expenditure
d. First aid committee	(iv) To provide medical facility

 - a. a–ii, b–iii, c–i, d–iv
 - b. a–iii, b–ii, c–i, d–iv
 - c. a–ii, b–iii, c–iv, d–i
 - d. a–iv, b–iii, c–i, d–ii
3. The formula for calculating number of matches in Round Robin tournament are where 'N' is number of teams is _____ (1)
 - a. 31
 - b. 32
 - c. 33
 - d. 35
4. In League tournaments the winner is decided by (1)
 - a. British method
 - b. American Method
 - c. No of Matches won
 - d. Both a and b
5. The members of this committee are responsible for welcoming guests and spectators (1)
 - a. Decoration committee
 - b. Reception committee
 - c. Ground committee
 - d. Committee for officials
6. The purpose for conducting a community run is for: (1)
 - a. Talent identification
 - b. Run for Publicity
 - c. Sports Training
 - d. Crowd Funding

Section-B

7. What are the league tournament or what are the round robin tournament? (2)
8. What do you mean by planning or explain the meaning of planning? (2)
9. Write down a brief note on Sports Day. (2)
10. What is the aim of intramural tournament? (2)
11. What is league-cum-knockout tournament? (2)

Section-C

12. Explain the staircase method of league tournament and draw the fixture of 12 teams in staircase methods. (1½+1½)

(OR)

Write in brief about 'Run for Fun Health Programme.

13. Write specifying calculation prepare cyclic method fixture for 9 teams. (3)

(OR)

What is different between Intramural and Extramural?

14. Write specifying calculation prepare Tabular method fixture for 7 teams. (3)

(OR)

Write a note on the term "Knockout". Make a Knockout fixture for 16 teams.